

Girls Flag Football

LAHS Head Coach, Demar Bowe
2025 Summer Camp

Girls FLAG- FOOTBALL

June 23 – July 10
Monday – Thursday

Who: Incoming Grades 8-12
Time: 10:00am – 12:00pm JV/Varsity
11:30am- 1pm Freshman
Where: Los Alamitos High School
Football Field

Cost:
\$250.00

How to Register:

Go to: LAEF4Kids.org/camps

Click on the “Register Now” button Choose “Summer Sports Camps 2025” from the “Season” pull-down menu, then click “Apply Filter”

Find your session(s), create a profile/log-in and sign up! You may also select Frank Phung in the “instructor” pull-down menu to further filter the camps.

What you will need to bring: Cleats/athletic attire and water

Contact Demar Bowe: dbowe@losal.org
E-mail Yolande Davies at programdirector@LAEF4kids.org
or call (562) 799-4700 ext. 80424

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