



WRESTLING ALL GIRLS SUMMER CAMP

Girls Wrestling is currently the fastest-growing high school sport in the United States. Join our girls only wrestling camp, where you will learn the wrestling fundamentals. Camp will be led by Los Al High School Head Coach Raymond Welsher. Learn wrestling stances, hand fighting, takedowns, defense, and much more. Open to all girls 1st-8th grade. No experience needed.

July 6th - July 12th

MONDAY-FRIDAY

12:00PM- 2:30PM

\$200



Los Alamitos High School
Wrestling Room

**REGISTER
NOW!**

www.LAEF4kids.org/camps

